

Saint Monica and Saint James  
CAPITOL HILL  
WASHINGTON DC



*Ash Wednesday*

The Sung Mass  
with the imposition of Ashes

February 14, 2024  
7:00 pm

## A very warm welcome to Saint Monica and Saint James

Our Celebrant and Preacher today is The Rev. Dr. Ann Broomell

We sing from two Hymnals: *The Hymnal 1982* and *Lift Every Voice & Sing II*. Our Mass is taken from the 1979 *Book of Common Prayer*, abbreviated *H, LEV, BCP*.

Restrooms are found through the doors at the rear of the church on the far side of the Frances Perkins Parish Hall.



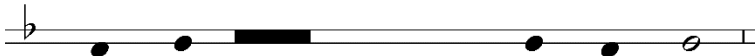
*Please stand when the bell chimes. The Mass begins with a silent procession.*

S 82

### Opening Acclamation in Lent

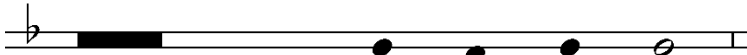
*After the Altar has been censed, the Celebrant sings.*

*Celebrant*



✠ Bless the Lord who forgives all our sins.

*All*



God's mercy en - dures for ev - er.

Setting: Ambrosian chant; adapt. Mason Martens (1933)

*The Celebrant speaks some words of introduction and then says*

## THE COLLECT

*Celebrant* The Lord be with you.

*All* **And also with you.**

*Celebrant* Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All* **Amen.**

*Please sit for the reading of the lessons.*

**THE FIRST LESSON** — Joel 2:1-2,12-17

Read by Sydney Redden

*Reader* A reading from the prophet Joel.

Blow the trumpet in Zion; sound the alarm on my holy mountain!

Let all the inhabitants of the land tremble, for the day of the LORD is coming, it is near—a day of darkness and gloom, a day of clouds and thick darkness!

Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come.

Yet even now, says the LORD, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing.

Return to the LORD, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing.

Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the LORD, your God?

Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy.

Between the vestibule and the altar let the priests, the ministers of the Lord, weep.  
Let them say, "Spare your people, O LORD, and do not make your heritage a mockery,  
a byword among the nations. Why should it be said among the peoples,  
'Where is their God?'

*Reader*            The Word of the Lord.

*All*                 Thanks be to God.

**THE PSALM** – Psalm 103: 8-14 'Benedic, anima mea'

*All repeat the Antiphon below after the Choir.*

The musical notation consists of two staves, a treble clef on top and a bass clef on the bottom, both in a key signature of one flat (B-flat). The melody is written on the treble staff, and the bass staff provides a harmonic accompaniment. The lyrics are written below the treble staff: 'The LORD re - mem - bers that we are but dust.' The music is in a simple, hymn-like style with a steady rhythm.

*The Choir sings the verses below. All repeat the Antiphon above as marked.*

8            The LORD is full of compassion and mercy, \*  
                  slow to anger and of great kindness.

9            He will not always accuse us, \*  
                  nor will he keep his anger for ever

*Antiphon*

10          He has not dealt with us according to our sins, \*  
                  nor rewarded us according to our wickedness.

11          For as the heavens are high above the earth, \*  
                  so is his mercy great upon those who fear him.

*Antiphon*

12          As far as the east is from the west, \*  
                  so far has he removed our sins from us.

13          As a father cares for his children, \*  
                  so does the LORD care for those who fear him.

14          For he himself knows whereof we are made; \*  
                  he remembers that we are but dust.

*Antiphon*

## THE EPISTLE — 2 Corinthians 5:20b-6:10

*Reader*        A reading from the Second Epistle of Paul to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

*Reader*        The Word of the Lord.

*All*            **Thanks be to God.**

*Please stand as you are able for the Gospel procession.*

**THE TRACT**    *All repeat the Antiphon below after the Choir.*



Where cha - ri - ty and love are, there is God.

*Choir*    As far as the east is from the west,  
          so far have you, O LORD, removed our sins from us.

*All repeat the Antiphon.*

## THE GOSPEL – Matthew 6:1-6,16-21

*Celebrant*     ✠The Holy Gospel of our Lord Jesus Christ according to Matthew  
*All*             **Glory to you, Lord Christ.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

*Celebrant*     The Gospel of the Lord.  
*All*             **Praise to you, Lord Christ.**

*All repeat the Antiphon.*

## THE INVITATION TO A HOLY LENT

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting.

This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

*Silence is kept for a time.*

*The Celebrant says the following prayer*

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior.

**All Amen.**

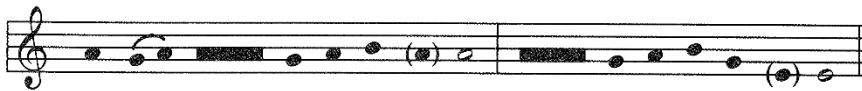
## THE IMPOSITION OF ASHES

*Please come forward and stand or kneel along the altar rail before the Celebrant.*

*The ashes are imposed with the following words*

✝ Remember that you are dust, and to dust you shall return.

During the imposition of Ashes, All sing Psalm 51 'Miserere mei, Deus' below as marked.



- Choir* 1 Have mercy on me, O God,  
according to your / loving-kindness; \*  
in your great compassion blot / out my offenses.
- Choir* 2 Wash me through and through / from my wickedness \*  
– / and cleanse me from my sin.
- All* 3 For I know / my transgressions, \*  
and my sin is / ever before me.
- Choir* 4 Against you only / have I sinned \*  
and done what / is evil in your sight.
- All* 5 And so you are justified / when you speak \*  
and up/right in your judgment.
- Choir* 6 Indeed, I have been wicked / from my birth, \*  
a sin/ner from my mother's womb.
- All* 7 For behold, you look for truth / deep within me, \*  
and will make me under/stand wisdom secretly.
- All* 8 Purge me from my sin, and I / shall be pure; \*  
wash me, and / I shall be clean indeed.
- Choir* 9 Make me hear of / joy and gladness, \*  
that the body you / have broken may rejoice.
- All* 10 Hide your face / from my sins \*  
and blot out / all my iniquities.





- Choir* 11 Create in me / a clean heart, O God, \*  
and renew a right / spirit within me.
- All* 12 **Cast me not away / from your presence \***  
**and take not your ho/ly Spirit from me.**
- Choir* 13 Give me the joy of your / saving help again \*  
and sustain me with your / bountiful Spirit.
- All* 14 **I shall teach your ways / to the wicked, \***  
**and sin/ners shall return to you.**
- Choir* 15 Deliver / me from death, O God, \*  
and my tongue shall sing of your righteousness,  
O God / of my salvation.
- All* 16 **Op/en my lips, O Lord, \***  
**and my / mouth shall proclaim your praise.**
- Choir* 17 Had you desired it, I would have / offered sacrifice, \*  
but you take no de/light in burnt-offerings.
- All* 18 **The sacrifice of God is a / troubled spirit; \***  
**a broken and contrite heart, O / God, you will not despise.**

## THE LITANY OF PENITENCE

*The Celebrant and People together, all kneeling*

- All* **Most holy and merciful Father:**  
**We confess to you and to one another,**  
**and to the whole communion of saints**  
**in heaven and on earth,**  
**that we have sinned by our own fault in thought, word, and deed;**  
**by what we have done, and by what we have left undone.**

*The Celebrant continues*

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

**All Have mercy on us, Lord.**

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**All Have mercy on us, Lord.**

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

**All We confess to you, Lord.**

Our self-indulgent appetites and ways, and our exploitation of other people,

**All We confess to you, Lord.**

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

**All We confess to you, Lord.**

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

**All We confess to you, Lord.**

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

**All We confess to you, Lord.**

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

**All Accept our repentance, Lord.**

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

**All Accept our repentance, Lord.**

For our waste and pollution of your creation, and our lack of concern for those who come after us,

**All Accept our repentance, Lord.**

Restore us, good Lord, and let your anger depart from us;

**All Favorably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,

**All That we may show forth your glory in the world.**

By the cross and passion of your Son our Lord,

**All Bring us with all your saints to the joy of his resurrection.**

*The Celebrant stands and, facing the people, says*

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons ✠ and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore, we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

**THE PEACE** *Please stand as you are able. The Celebrant introduces the Peace.*

*Celebrant* The peace of the Lord be always with you.

**All And also with you.**

*We greet each other in the name of the Lord. Please remain standing.*

**THE OFFERTORY HYMN H 150**

Forty Days and Forty Nights

*Please remain standing after the hymn.*

*Please bow when the Congregation is censed by the Thurifer.*

*Celebrant* Pray, dear friends in Christ, that this my sacrifice and yours may be acceptable to God, the Almighty Father.

**All May the Lord accept this sacrifice at your hands,  
for the praise and glory of his name,  
for our good and the good of all his Church.**

# THE GREAT THANKSGIVING

*Celebrant* The Lord be with you.

*All* **And also with you.**

*Celebrant* Lift up your hearts.

*All* **We lift them to the Lord.**

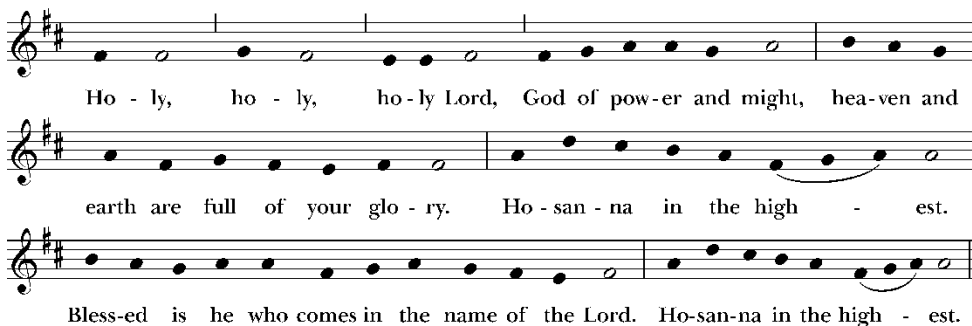
*Celebrant* Let us give thanks to the Lord our God.

*All* **It is right to give him thanks and praise.**

*The Celebrant continues with the Preface, ending*

Who for ever sing this hymn to proclaim the glory of your Name:

## SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The Celebrant continues the Eucharistic Prayer, concluding.*

*Celebrant* Therefore, according to his command, O Father,

*All* **We remember his death, we proclaim his resurrection,  
we await his coming in glory;**

*The Celebrant continues, ending*

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory  
is yours, Almighty Father, now and for ever. *All* **Amen.**

*A time of silence is kept.*

## THE LORD'S PRAYER

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,  
*All* Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## THE BREAKING OF BREAD

*Celebrant* Christ our Passover is sacrificed for us;  
*All* Therefore let us keep the feast.

## FRACTION ANTHEM                      Agnus Dei

*All sing.*

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## THE GIVING OF COMMUNION

*Celebrant* Behold the Lamb of God behold him who takes away  
the sins of the world.

*All* **Lord, I am not worthy that you should come under my roof,  
but speak the word only, and my soul shall be healed.**

*Please make your way to the Altar rail after the bell chimes and kneel or stand.*

*Both the Host and Chalice will be offered. Should you like to receive the Chalice,  
please remain kneeling/standing at the altar rail after receiving the Host.*

*There will be no Intinction allowed (dipping of the Host) as per the Bishop's mandate.*

*Communion is given with these words*

*Celebrant* The Body/Blood of our Lord Jesus Christ keep you in everlasting life.

*All* **Amen.**

## COMMUNION ANTHEM

All to Remembrance

Call to remembrance, O Lord, thy tender mercy and thy loving kindness  
which hath been ever of old. O remember not the sins and offences of my youth: but  
according to thy mercy think thou on me, O Lord, for thy goodness.

Words: Psalm 25:5-6. Music: Richard Farrant

## PRAYER AFTER COMMUNION

*Please kneel or sit.*

*Celebrant* Let us pray.

*All* **Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out**

to do the work you have given us to do,  
to love and serve you as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and forever.  
Amen.

## PRAYER OVER THE PEOPLE

*Celebrant* Bow down before the Lord.  
Grant, most merciful Lord, to your faithful people pardon and peace, that  
they may be cleansed from all their sins, and serve you with a quiet mind;  
through Christ our Lord.

*All* Amen.

RECESSIONAL HYMN H 149

Eternal Lord of Love

## THE DISMISSAL

*Celebrant* Go in peace to love and serve the Lord.  
*All* Thanks be to God.

VOLUNTARY *Forty Days and Forty Nights*

Christopher J. Hoh

**Please feel free to take this Sung Mass Bulletin home with you.**

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Saint Monica and Saint James is a part of the Diocese of Washington



Daughters of the King, Martha Chapter



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