

Saint Monica & Saint James
CAPITOL HILL
WASHINGTON DC



Third Sunday after Epiphany

The Sung Mass

January 21, 2024

at 11:00 am

A very warm welcome to Saint Monica and Saint James

Our Celebrant and Preacher today is The Rev. John McDuffie.

We sing from two Hymnals: *The Hymnal 1982* and *Lift Every Voice & Sing II*. Our Mass is taken from the 1979 *Book of Common Prayer*, abbreviated *H, LEV, BCP*.

Restrooms are found through the doors at the rear of the church on the far side of the Frances Perkins Parish Hall.

Please join us in Frances Perkins Hall for coffee after Mass.

++++++

ORGAN VOLUNTARY Five Interludes

Denis Bédard (b. 1950)

THE GATHERING *If you are able, please stand when the bell chimes.*

Choir The Lord be with you.

All And also with you.

Choir Almighty God, grant that we may enter your house with reverence and love, there to offer a service acceptable in your sight, through Jesus Christ our Lord.

All Amen.

INTROIT HYMN *H 515*

Holy Ghost, Dispel Our Sadness

After the Altar has been censed, the Mass continues BCP p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Celebrant introduces today's Mass ending with the following prayer

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

GLORIA IN EXCELSIS

Setting: William Mathias (1934-1992)

1. Glo-ry to God in the high-est, and
 peace to his peo-ple on earth. 2. Lord God, heaven-ly King, al-
 might-y God and Fa-ther, we wor-ship you, we give you thanks, we
 praise you for your glo-ry. 3. Lord Je-sus Christ,
 on-ly Son of the Fa-ther, Lord God, Lamb of God, 4. you
 take a-way the sin of the world: have mer-cy on us;
 5. you are seat-ed at the right hand of the Fa-ther: re-
 ceive our prayer. 6. For
 you a-lone are the Ho-ly One, you a-lone are the Lord,
 7. you a-lone are the Most High, Je-sus Christ, with the
 Ho-ly Spi-rit, in the glo-ry of
 God the Fa-ther. A - men.

THE COLLECT

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Let us pray

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All **Amen.**

Please sit for the lessons.

THE FIRST LESSON – Jonah 3:1-5,10

Read by Jill Kern

Reader A reading from book of the prophet Jonah

The word of the LORD came to Jonah a second time, saying, “Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.” So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, “Forty days more, and Nineveh shall be overthrown!” And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader The Word of the Lord.

All **Thanks be to God.**

THE PSALM - 62:6-14 *Nonne Deo?*

All repeat the Antiphon below after the Choir.

Musical notation for the antiphon. The score is written on two staves, treble and bass clef, in a key signature of two flats (B-flat and E-flat). The melody is in the treble clef, and the bass line is in the bass clef. The lyrics are: For God a - lone my soul in si - lence waits.

The Choir sings the verses below.

All repeat the Antiphon above as marked.

- 6 For God alone my soul in silence waits; *
truly, my hope is in him.
- 7 He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken. *Antiphon*
- 8 In God is my safety and my honor; *
God is my strong rock and my refuge.
- 9 Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge. *Antiphon*
- 10 Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.
- 11 On the scales they are lighter than a breath, *
all of them together. *Antiphon*
- 12 Put no trust in extortion;
in robbery take no empty pride; *
though wealth increase, set not your heart upon it.
- 13 God has spoken once, twice have I heard it, *
that power belongs to God.
- 14 Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds. *Antiphon*

Based on Hymn 662 *Eventide*, William Henry Monk (1823-1889)

THE HOLY GOSPEL – Mark 1:14-20

Celebrant The Holy Gospel ✝ of our Lord Jesus Christ according to Mark
All **Glory to you, Lord Christ.**

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, “Follow me and I will make you fish for people.” And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Celebrant The Gospel of the Lord.
All **Praise to you, Lord Christ.**

All repeat the Alleluia.

THE SERMON

The Rev. John McDuffie

THE NICENE CREED

If you are able, please stand.

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation
he came down from heaven: *(You are invited to bow your head)*
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man. *(We raise our heads again)*

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
✠ We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE *Please kneel or sit.*

The Intercessor leads the prayers. All respond as below.

Intercessor We pray to you O Lord.
All Lord, Hear our prayer.

The Celebrant adds a concluding prayer.

THE CONFESSION OF SIN

Celebrant Let us confess our sins against God and our neighbor.

We pause for a moment.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, ✚ forgive you all your sins
through our Lord Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.

All Amen.

THE PEACE *If you are able, please stand. The Celebrant introduces the Peace*

Celebrant The peace of the Lord be always with you.

All And also with you.

We greet each other in the name of the Lord.

ANNOUNCEMENTS

Please be seated as the Celebrant makes a few announcements.

Please stand to sing the Offertory Hymn. A collection will be taken.

To give online, please scan one of the following QR codes:



Representatives of the Congregation bring the people's offering of bread, wine, water, and the collection to the Celebrant. The Element Bearers stand at the Altar rail while the gifts are offered and placed on the altar. Please bow when the Congregation is censed by the Thurifer.

THE OFFERTORY HYMN H 550

Jesus Calls Us; O'er the Tumult

Celebrant Pray, dear friends in Christ, that this my sacrifice and yours
may be acceptable to God, the Almighty Father.
All **May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his Church.**

THE GREAT THANKSGIVING

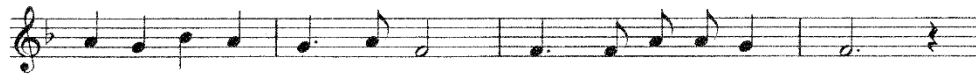
Celebrant The Lord be with you.
All **And also with you.**
Celebrant Lift up your hearts.
All **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
All **It is right to give him thanks and praise.**

The Celebrant continues with Eucharistic Prayer D, BCP p. 372, ending

Joining with them, and giving voice to every creature under heaven, we acclaim you,
and glorify your name, as we sing,

SANCTUS

Setting: Richard Proulx (1937-2010)



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,



heaven and earth are full of your glo-ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

Please kneel or sit as the Celebrant continues, reaching this point in the Eucharistic Prayer

Celebrant We praise you and we bless you.

All We praise you, we bless you, we give thanks to you,
and we pray to you, Lord our God.

The Celebrant continues with the Eucharistic Prayer, ending

Through Christ, and with Christ, and in Christ, all honor and glory are yours,
Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All Amen.

We keep a time of silence.

THE LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF BREAD

Celebrant Alleluia, Christ our Passover is sacrificed for us;
All Therefore let us keep the feast, Alleluia.

FRACTION ANTHEM Agnus Dei

Setting: Robert Powell (b. 1932)

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

THE GIVING OF COMMUNION

The Celebrant says this invitation

Celebrant Behold the Lamb of God
Behold him who takes away the sins of the world.

All **Lord, I am not worthy that you should come under my roof,
But speak the word only, and my soul shall be healed.**

Please make your way to the Altar rail as directed by an usher. Kneel or stand.

Both the Host and Chalice will be offered. Should you wish to receive the Chalice, please remain kneeling or standing at the altar rail after receiving the Host.

The Host and the Chalice are given with these words

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. **Amen.**

ANTHEM Surge, illuminare William Byrd (c. 1540-1623)

Surge, illuminare Jerusalem,
quia venit lumen tuum,
et gloria Domini
super te orta est. Alleluia.

Arise, shine, Jerusalem,
for thy light is come,
and the glory of the LORD
is risen upon thee. Alleluia.

Words: Isaiah 60:1

COMMUNION HYMN LEV 152

Let Us Break Bread Together on Our Knees

PRAYER OF THANKSGIVING BCP p. 366

Please kneel or sit.

Celebrant Let us pray.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and forever.
Amen.

THE BLESSING AND DISMISSAL

If you are able, please stand.

Celebrant The Lord be with you.

All And also with you.

The Celebrant blesses the Congregation, to which all reply

All Amen.

Celebrant Go in peace to love and serve the Lord.

All Thanks be to God.

RECESSIONAL HYMN H 660

O Master, Let Me Walk with You

ORGAN VOLUNTARY Alla Breve in E flat

Josef Rheinberger (1839-1901)

Copyright Acknowledgments and Permissions: Cover Image: Agnus Dei - Lamb of God, Eric Gill.
<http://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=59764>. Texts of the Old Testament, Epistle, and Gospel taken from the New Revised Standard Version Bible, Copyright 1989, Division of Christian Education of the National Council of the Churches of Christ in the USA. Used by permission. All rights reserved. The Collect, Psalm and other material of the liturgy are taken from *The Book of Common Prayer*, 1979. Church Publishing Incorporated. *Gloria in Excelsis*, William Mathias (1934-1990), *Sanctus* Hymn S 125, from *A Community Mass*; Richard Proulx (1937-2010), and *Fraction Anthem*, Hymn S 169, Robert Powell (b. 1932). Reprinted with permission by RiteSong, © 2023 Church Publishing, New York. Psalm setting, from *A HymnTune Psalter*, Based on Hymn 662 *Eventide*, William Henry Monk (1823-1889). © 2007. Church Publishing Incorporated. Used by permission.



Bob Sonderman, Senior Warden
seniorwarden@smjec.org
202-744-4280

Claire Miller, Parish Administrator
office@smjec.org
202-481-0454

Daniel Elmer, Music Director
music@smjec.org
703-919-5417

Matthieu Comeau, Sexton
sexton@smjec.org



Saint Monica & Saint James
222 8th Street NE
Washington, DC 2002



Saint Monica and Saint James is a part of the Diocese of Washington



Daughters of the King, Martha Chapter



Find us online at www.stmonica-stjames.org



Find us on Facebook at facebook.com/SMJECDC