Saint Monica & Saint James CAPITOL HILL WASHINGTON DC



Fourth Sunday after Epiphany

The Sung Mass

January 28, 2024 at 11:00 am

A very warm welcome to Saint Monica and Saint James

Our Celebrant and Preacher today is The Rev. John A. Weatherly

We sing from two Hymnals: The Hymnal 1982 and Lift Every Voice & Sing II. Our Mass is taken from the 1979 Book of Common Prayer, abbreviated H, LEV, BCP.

Restrooms are found through the doors at the rear of the church on the far side of the Frances Perkins Parish Hall.

Please join us in Frances Perkins Hall for coffee after Mass.

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VOLUNTARY Deck Thyself, My Soul, with Gladness

Johannes Brahms

THE GATHERING If you are able, please stand when the bell chimes.

Choir The Lord be with you.

All And also with you.

Choir Almighty God, grant that we may enter your house with reverence and love, there to offer a service acceptable in your sight, through Jesus Christ our Lord.

All Amen.

INTROIT HYMN H 493

O for a Thousand Tongues to Sing

After the Altar has been censed, the Mass continues BCP p. 355

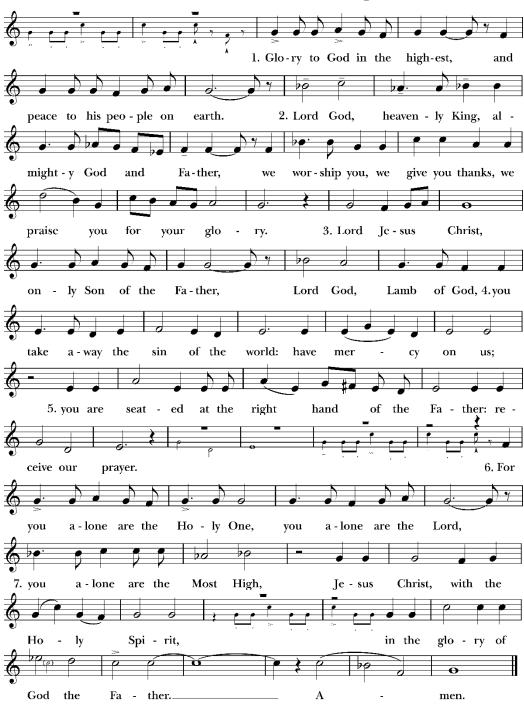
Celebrant Blessed be God: Father, Son, and Holy Spirit.

All And blessed be his kingdom, now and for ever. Amen.

The Celebrant introduces today's Mass ending with the following prayer

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.



THE COLLECT

Celebrant The Lord be with you.

All And also with you.

Celebrant Let us pray

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please sit for the lessons.

THE FIRST LESSON – Deuteronomy 18:15-20

Read by Doug Dreier

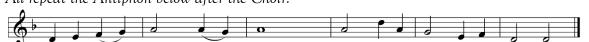
Reader A reading from Deuteronomy

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.

All Thanks be to God.

THE PSALM - Psalm 111 Confitebor tibi, Domino All repeat the Antiphon below after the Choir.



The fear of the LORD is the be-gin-ning of wis – dom.

The Choir sings the verses below.

All repeat the Antiphon above as marked.

- 1 Hallelujah!
 - I will give thanks to the LORD with my whole heart, * in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! * they are studied by all who delight in them.

Antiphon

- 3 His work is full of majesty and splendor, * and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; * the LORD is gracious and full of compassion.

Antiphon

- 5 He gives food to those who fear him; * he is ever mindful of his covenant.
- 6 He has shown his people the power of his works * in giving them the lands of the nations.

Antiphon

- 7 The works of his hands are faithfulness and justice; * all his commandments are sure.
- 8 They stand fast for ever and ever, * because they are done in truth and equity.

Antiphon

- 9 He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name.
- The fear of the LORD is the beginning of wisdom; * those who act accordingly have a good understanding; his praise endures for ever.

Antiphon

Reader A reading from Paul's First Letter to the Corinthians

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.

All Thanks be to God.

If you are able, please stand for the Gospel procession.

THE ALLELUIA All repeat the Alleluia after the Choir.



Choir I will bow down toward your holy temple and praise your Name.

All repeat the Alleluia.

THE HOLY GOSPEL - Mark 1:21-28

Celebrant The Holy Gospel + of our Lord Jesus Christ according to Mark Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Celebrant The Gospel of the Lord.

All Praise to you, Lord Christ.

All repeat the Alleluia.

THE SERMON

The Rev. John A. Weatherly

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: (You are invited to bow your head) by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. (We raise our heads again)

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.

H We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE Please kneel or sit.

The Intercessor leads the prayers. All respond as below.

Intercessor We pray to you O Lord.

All Lord, Hear our prayer.

The Celebrant adds a concluding prayer.

THE CONFESSION OF SIN

Celebrant Let us confess ours sins against God and our neighbor.

We pause for a moment.

All Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, + forgive you all your sins

through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All Amen.

THE PEACE If you are able, please stand. The Celebrant introduces the Peace

Celebrant The peace of the Lord be always with you.

All And also with you.

We greet each other in the name of the Lord.

ANNOUNCEMENTS

Please be seated as the Celebrant makes a few announcements. Please stand to sing the Offertory Hymn. A collection will be taken.

To give online, please scan one of the following QR codes:





Representatives of the Congregation bring the people's offering of bread, wine, water, and the collection to the Celebrant. The Element Bearers stand at the Altar rail while the gifts are offered and placed on the altar. Please bow when the Congregation is censed by the Thurifer.

THE OFFERTORY HYMN *H* **449** O Love, How Deep, How Broad, How High All sing stanzas 1, 2. Low voices sing stanza 3. High voices sing stanza 4. All sing stanzas 5, 6.

Celebrant Pray, dear friends in Christ, that this my sacrifice and yours

may be acceptable to God, the Almighty Father.

All May the Lord accept this sacrifice at your hands,

for the praise and glory of his name,

for our good and the good of all his Church.

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

All And also with you.

Celebrant Lift up your hearts.

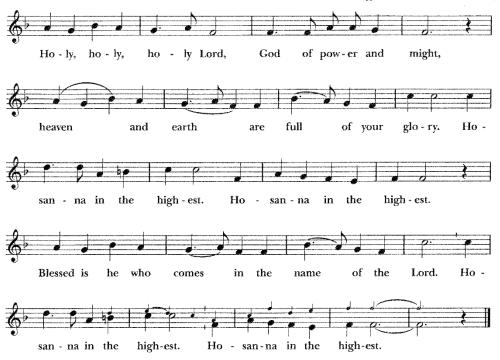
All We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

All It is right to give him thanks and praise.

The Celebrant continues with Eucharistic Prayer D, BCP p. 372, ending Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your name, as we sing,





Please kneel or sit as the Celebrant continues, reaching this point in the Eucharistic Prayer

Celebrant We praise you and we bless you.

All We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant continues with the Eucharistic Prayer, ending

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All Amen.

We keep a time of silence.

THE LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,

hallowed be thy Name, thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

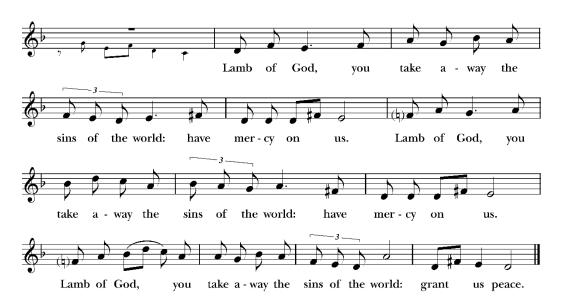
THE BREAKING OF BREAD

Celebrant Alleluia, Christ our Passover is sacrificed for us;

All Therefore let us keep the feast, Alleluia.

FRACTION ANTHEM Agnus Dei

Setting: Robert Powell (b. 1932)



THE GIVING OF COMMUNION

The Celebrant says this invitation

Celebrant Behold the Lamb of God

Behold him who takes away the sins of the world.

All Lord, I am not worthy that you should come under my roof,

But speak the word only, and my soul shall be healed.

Please make your way to the Altar rail as directed by an usher. Kneel or stand. Both the Host and Chalice will be offered. Should you wish to receive the Chalice, please remain kneeling or standing at the altar rail after receiving the Host.

The Host and the Chalice are given with these words

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. Amen.

ANTHEM Arise, Shine!

Charles Callahan (1951-2023)

Arise, shine, for your light has come,

And the glory of the Lord has dawned upon you.

For behold, behold, darkness has covered the land

Deep gloom enshrouds the peoples.

But over you the Lord will rise

And his glory will appear upon you.

Arise, shine, for your light has come,

And the glory of the Lord has dawned upon you.

Words: Isaiah 60:1-2

COMMUNION HYMN H 339

Deck Thyself, My Soul, With Gladness

PRAYER OF THANKSGIVING BCP p. 366

Please kneel or sit.

Celebrant Let us pray.

All Almighty and everliving God,

we thank you for feeding us with the spiritual food

of the most precious Body and Blood of your Son our Savior Jesus Christ;

and for assuring us in these holy mysteries

that we are living members of the Body of your Son,

and heirs of your eternal kingdom.

And now, Father, send us out

to do the work you have given us to do,

to love and serve you

as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever.

Amen.

THE BLESSING AND DISMISSAL

If you are able, please stand.

Celebrant The Lord be with you.

All And also with you.

The Celebrant blesses the Congregation, to which all reply

All Amen.

Celebrant Go in peace to love and serve the Lord.

All Thanks be to God.

RECESSIONAL HYMN LEV 170

Yield Not to Temptation

ORGAN VOLUNTARY Trumpet Tune in E flat

Aaron David Miller

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Bob Sonderman, Senior Warden seniorwarden@smjec.org 202-744-4280

George Redden, Junior Warden juniorwarden@smjec.org 316-305-7641

Claire Miller, Parish Administrator office@smjec.org 202-481-0454

Daniel Elmer, Music Director music@smjec.org 703-919-5417

Matthieu Comeau, Sexton sexton@smjec.org

- Saint Monica & Saint James 222 8th Street NE Washington, DC 2002
- Saint Monica and Saint James is a part of the Diocese of Washington
- Daughters of the King, Martha Chapter
- Find us online at www.stmonica-stjames.org
- Find us on Facebook at facebook.com/SMJECDC