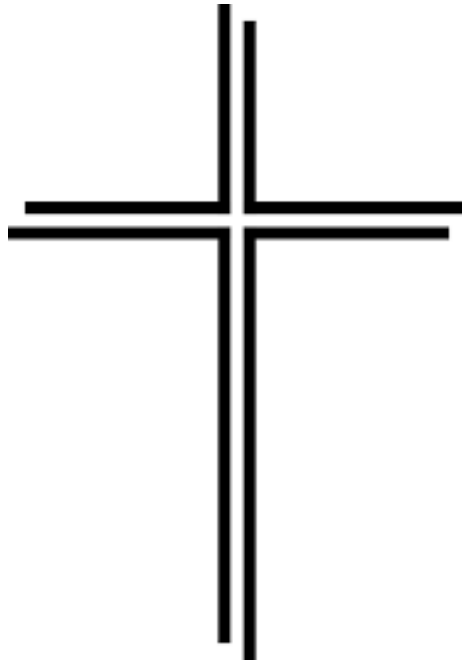


Saint Monica and Saint James

CAPITOL HILL
WASHINGTON DC



First Sunday in Lent

Sung Mass

February 18, 2024

11:00 am

A very warm welcome to Saint Monica and Saint James

Our Celebrant and Preacher today is The Rev. John McDuffie

We sing from two Hymnals: *The Hymnal 1982* and *Lift Every Voice & Sing II*. Our Mass is taken from the 1979 *Book of Common Prayer*, abbreviated *H, LEV, BCP*.

Restrooms are found through the doors at the rear of the church on the far side of the Frances Perkins Parish Hall.

Please join us in Frances Perkins Parish Hall for coffee after the 11am service



VOLUNTARY

Kyrie - O Lamb of God

Johann Sebastian Bach

THE GATHERING

Please stand as you are able when the bell chimes.

Choir The Lord be with you.
All **And also with you.**


Choir Almighty God, grant that we may enter your house with reverence and love, there to offer a service acceptable in your sight, through Jesus Christ our Lord.
All **Amen.**

INTROIT HYMN H121

Christ, When for Us You Were Baptized

THE KYRIE

Cantor or Choir



Ky - ri - e e - le - i - son. _____

Detailed description: This block contains the first musical staff. It is a single treble clef staff with a key signature of one flat (B-flat). The melody consists of a half note G4, a quarter note A4, a quarter note B-flat4, a quarter note G4, a quarter note F4, a quarter note E4, and a half note D4. The lyrics 'Ky - ri - e e - le - i - son.' are written below the staff, with hyphens under the vowels. The staff ends with a long horizontal line for a fermata.

All



Ky - ri - e e - le - i - son. _____

Detailed description: This block contains the second musical staff. It is a single treble clef staff with a key signature of one flat. The melody is identical to the first staff. The lyrics 'Ky - ri - e e - le - i - son.' are written below the staff. The staff ends with a double bar line.

Cantor or Choir



Chri - ste e - le - i - son. _____

Detailed description: This block contains the third musical staff. It is a single treble clef staff with a key signature of one flat. The melody consists of a half note G4, a quarter note A4, a quarter note B-flat4, a quarter note G4, a quarter note F4, a quarter note E4, and a half note D4. The lyrics 'Chri - ste e - le - i - son.' are written below the staff. The staff ends with a long horizontal line for a fermata.

All



Chri - ste e - le - i - son. _____

Detailed description: This block contains the fourth musical staff. It is a single treble clef staff with a key signature of one flat. The melody is identical to the third staff. The lyrics 'Chri - ste e - le - i - son.' are written below the staff. The staff ends with a double bar line.

Cantor or Choir



Ky - ri - e e - le - i - son. _____

Detailed description: This block contains the fifth musical staff. It is a single treble clef staff with a key signature of one flat. The melody consists of a half note G4, a quarter note A4, a quarter note B-flat4, a quarter note G4, a quarter note F4, a quarter note E4, and a half note D4. The lyrics 'Ky - ri - e e - le - i - son.' are written below the staff. The staff ends with a long horizontal line for a fermata.

All



Ky - ri - e e - le - i - son. _____

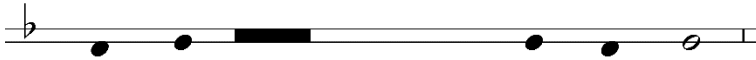
Detailed description: This block contains the sixth musical staff. It is a single treble clef staff with a key signature of one flat. The melody is identical to the fifth staff. The lyrics 'Ky - ri - e e - le - i - son.' are written below the staff. The staff ends with a double bar line.

Music: McNeil Robinson II (b. 1943). From: Music For the Lord's Supper Copyright © 1984 Theodore Presser Co. Used by permission.

Opening Acclamation in Lent

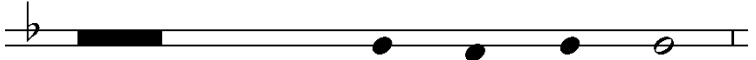
After the Altar has been censed, the Celebrant sings.

Celebrant



✙ Bless the Lord who forgives all our sins.

All



God's mercy en - dures for ev - er.

Setting: Ambrosian chant; adapt. Mason Martens (1933)

The Celebrant speaks some words of introduction and then says

THE COLLECT

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All **Amen.**

Please sit for the reading of the lessons.

Reader A reading from the book of Genesis.

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Reader The Word of the Lord.

All **Thanks be to God.**

THE PSALM

Psalm 25:1-9

All sing as marked below.



- Choir* 1 To you, O LORD, I lift up my soul;
my God, I put my / trust in you; *
let me not be humiliated,
nor let my enemies tri/umph over me.
- Choir* 2 Let none who look to you be put to / shame; *
let the treacherous be disappointed / in their schemes.
- All* 3 Show me your / ways, O LORD, *
and teach / me your paths.
- All* 4 Lead me in your truth and / teach me, *
for you are the God of my salvation;
in you have I trusted all / the day long.
- All* 5 Remember, O LORD, your compassion and / love, *
for they are from ev/erlasting.
- Choir* 6 Remember not the sins of my youth and my trans/gressions; *
remember me according to your love
and for the sake of your good/ness, O LORD.
- All* 7 Gracious and upright is the / LORD; *
therefore he teaches sin/ners in his way.
- Choir* 8 He guides the humble in / doing right *
and teaches his way to / the lowly.
- All* 9 All the paths of the LORD are love and / faithfulness *
to those who keep his covenant and his test/imonies.

Reader A reading from the First Epistle of Peter

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you~ not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader The Word of the Lord.

All **Thanks be to God.**

Please stand as you are able for the Gospel procession.

THE TRACT *All repeat the Antiphon below after the Choir.*



Where cha - ri - ty and love are, there is God.

Choir For the LORD shall give his angels charge over you,
to keep you in all your ways.

All repeat the Antiphon.

THE GOSPEL — Mark 1:9-15

Celebrant ✠The Holy Gospel of our Lord Jesus Christ according to Mark

All **Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Celebrant The Gospel of the Lord.

All Praise to you, Lord Christ.

All repeat the Antiphon.

THE SERMON

The Rev. John McDuffie

THE NICENE CREED

Please stand as you are able.

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation
he came down from heaven: *(You are invited to bow your head)*

by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man. (*We raise our heads again*)

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
✠ We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE *Please kneel or sit.*

The Intercessor leads the prayers. All respond as below.

Intercessor We pray to you O Lord.
All Lord, Hear our prayer.

The Celebrant adds a concluding prayer.

THE CONFESSION OF SIN

Celebrant Let us confess our sins against God and our neighbor.

We pause for a moment.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, ✚ forgive you all your sins
through our Lord Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.

All Amen.

THE PEACE *Please stand as you are able. The Celebrant introduces the Peace.*

Celebrant The peace of the Lord be always with you.

All And also with you.

We greet each other in the name of the Lord. Please remain standing.

ANNOUNCEMENTS

Please be seated as the Celebrant makes a few announcements.

Please stand to sing the Offertory Hymn. A collection will be taken.

To give online, please scan one of the following QR codes:



Representatives of the Congregation bring the people's offering of bread, wine, water, and the collection to the Celebrant. The Element Bearers stand at the Altar rail while the gifts are offered and placed on the altar. Please bow when the Congregation is censed by the Thurifer.

THE OFFERTORY HYMN LEV1

Lift Every Voice and Sing

Please remain standing after the hymn.

Please bow when the Congregation is censed by the Thurifer.

Celebrant Pray, dear friends in Christ, that this my sacrifice and yours may be acceptable to God, the Almighty Father.

All **May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his Church.**

THE GREAT THANKSGIVING

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

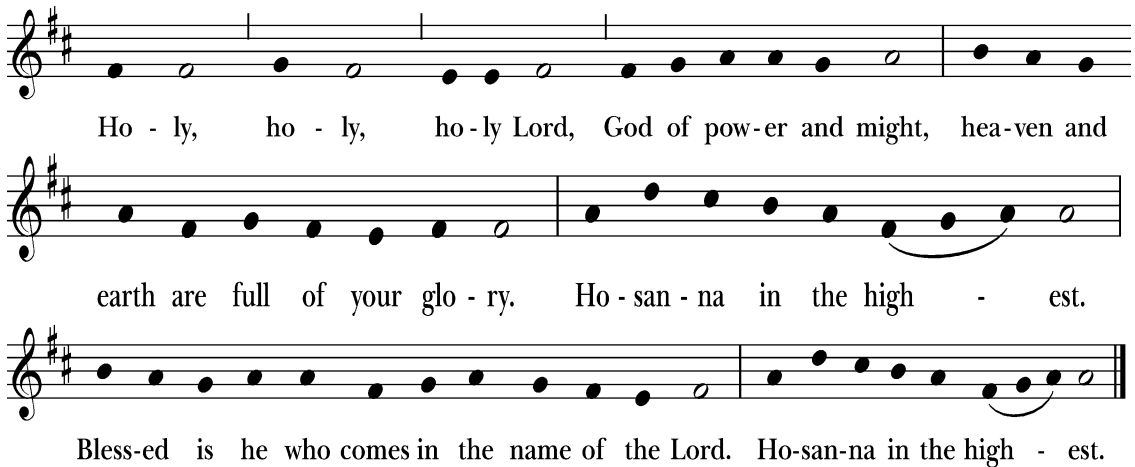
Celebrant Let us give thanks to the Lord our God.

Al **It is right to give him thanks and praise.**

The Celebrant continues with the Preface, ending

Who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Celebrant continues the Eucharistic Prayer, concluding.

Celebrant Therefore, according to his command, O Father,
All **We remember his death, we proclaim his resurrection,
we await his coming in glory;**

The Celebrant continues, ending

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory
is yours, Almighty Father, now and for ever. **All Amen.**

A time of silence is kept.

THE LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
All **Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.**

And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF BREAD

Celebrant Christ our Passover is sacrificed for us;
All Therefore let us keep the feast.

FRACTION ANTHEM Agnus Dei
All sing.

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

THE GIVING OF COMMUNION

Celebrant Behold the Lamb of God behold him who takes away
the sins of the world.
All Lord, I am not worthy that you should come under my roof,
but speak the word only, and my soul shall be healed.

*Please make your way to the Altar rail as directed by an usher. Kneel or stand.
Both the Host and Chalice will be offered. Should you wish to receive the Chalice, please remain kneeling or standing at the altar rail after receiving the Host.*

The Host and the Chalice are given with these words

The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. **Amen.**

COMMUNION ANTHEM

The Blessed Son of God

The blessed son of God only In a crib full poor did lie;
With our poor flesh and our poor blood Was clothed that everlasting good.
Kyrieleison.

The Lord Christ Jesu, God's son dear, Was a guest and stranger here;
Us for to bring from misery, That we might live eternally.
Kyrieleison.

All this did he for us freely, For to declare his great mercy;
All Christendom be merry therefore, And give him thanks for evermore,
Kyrieleison.

Words: Miles Coverdale, after Martin Luther. Music: Ralph Vaughan Williams

COMMUNION HYMN H455

O Love of God, How Strong and True

PRAYER OF THANKSGIVING BCP p. 366

Please kneel or sit.

Celebrant Let us pray.

All **Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries**

that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and forever.
Amen.

THE BLESSING

Please stand as you are able.

Celebrant The Lord be with you.

All **And also with you.**

The Celebrant blesses the Congregation, to which all reply

All **Amen.**

RECESSIONAL HYMN H 150

Forty Days and Forty Nights

THE DISMISSAL

Celebrant Go in peace to love and serve the Lord.

All **Thanks be to God.**

VOLUNTARY O Love of God, How Strong and True

David Dahl

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Daughters of the King, Martha Chapter



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